Download Motherless Daughters The Legacy Of Loss Hope Edelman

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Motherless Daughters-Hope Edelman
2014-04-08 Ask any woman whose mother has died, and she will tell you that she is irrevocably altered, as deeply changed by her mother's death as she was by her mother's life. Although a mother's mortality is inevitable, no book had discussed the profound, lasting, and far-reaching effects of this loss--until Motherless Daughters, which became an instant classic. Twenty years later, it is still the book that women of all ages look to for comfort and understanding when their
mothers die, and the book that they continue to press into each other's hands. Building on interviews with hundreds of mother-loss survivors, the author's personal story of losing her mother, recent research in grief and psychology, and with a new afterword exploring how the legacy of mother loss shifts with the passage of time, Motherless Daughters reveals the shared experiences and core identity issues of motherless women: Why the absence of a nurturing hand shapes a woman's identity throughout her lifespan How present-day relationships are defined by past losses How a woman can resolve past conflicts and move toward acceptance and healing What grief really is: not a linear passage, but an ongoing cyclical journey

Motherless Daughters-Hope Edelman
2018-09-06 Ask any woman whose mother has died, and she will tell you that she is irrevocably altered, as deeply changed by her mother's death as she was by her mother's life. Although a mother's mortality is inevitable, no book had discussed the profound, lasting and far-reaching effects of this loss - until Motherless Daughters, which became in instant classic. Over twenty years later, it is still the book that women of all ages look to for comfort and understanding when their mothers die, and the book that they continue to press into each other's hands. Building on interviews with hundreds of mother-loss survivors, the author's personal story of losing her mother and recent research in grief and psychology, Motherless Daughters reveals the shared experiences and core identity issues of motherless women. * * * * * * * 'Motherless Daughters is a timeless source of consolation and information for all who grieve the death of their mother. It highlights that we bear this loss by remembering, not forgetting our mother.' JULIA SAMUEL, author of Grief Works 'Anyone who has lost their mother should read this remarkable, tender book, full of insight and consolation. This is one of those exceptional books that has the power to change your life.' CLOVER STROUD, author of The Wild Other 'Nothing has helped me
make more sense of myself than Motherless Daughters; it's the book I go back to again and again, and find something new in it every time.' DECCA AITKENHEAD 'Intelligent, brave, consoling and wise . . . an essential and illuminating must-read for anyone who has lost a mother or loves someone who did.' CHERYL STRAYED, author of Wild 'This book has helped me heal my heart. Finding myself in the stories of other motherless daughters let me know I was not alone. If you have lost your mom - this book is essential.' ROSIE O'DONNELL 'Absorbing . . . insightful . . . a moving and valuable treatment of a neglected subject.' NEW YORK TIMES BOOK REVIEW

Motherless Daughters-Hope Edelman
2014-04-08 The classic New York Times bestseller that has helped millions of women cope with and heal from the grief of losing their mothers. Although a mother's mortality is inevitable, no book has discussed the profound lasting and far-reaching effects of this loss until Motherless Daughters, which became an instant classic. More than twenty years later, it is still the go-to book that women of all ages look to for comfort, help, and understanding when their mother dies. Building on interviews with hundreds of mother loss survivors, Edelman's personal story of losing her mother, and recent research in grief and psychology, Motherless Daughters reveals the shared experiences and core identity issues of motherless women: Why the absence of a nurturing hand shapes a woman's identity throughout her lifespan. How present day relationships are defined by past losses. How a woman can resolve past conflicts and move toward acceptance and healing. Why grief really is not a linear passage but an ongoing cyclical journey. How the legacy of mother loss shifts with the passage of time.

Motherless Mothers-Hope Edelman 2009-10-06
"Edelman illuminates the transformative power of understanding mother loss [and] offers essential wisdom." — Library Journal When Hope
Edelman, author of the New York Times bestseller Motherless Daughters, became a parent, she found herself revisiting the loss of her mother in ways she had never anticipated. Now the mother of two young girls, Edelman set out to learn how the loss of a mother to death or abandonment can affect the ways women raise their own children. In Motherless Mothers, Edelman uses her own story as a prism to reveal the unique anxieties and desires that these women experience as they raise their children without the help of a living maternal guide. In an impeccably researched, luminously written book enriched by the voices of the mothers themselves—and filled with practical insight and advice from experienced professionals—she examines their parenting choices, their triumphs, and their fears, and offers motherless mothers the guidance and support they want and need.

Letters from Motherless Daughters-Hope Edelman 2014-04-08 Letters from Motherless Daughters is a compilation of the letters Hope Edelman received in response to her groundbreaking New York Times-bestseller, Motherless Daughters. Reaffirming her precious link with motherless women across the country, Edelman presents these moving, honest, and often hopeful letters alongside her own insight to offer readers the opportunity to further learn from loss. The words of these brave women illustrate the profound pain, astounding strength, and undying perseverance of living through the loss of one’s mother without ever outliving the need for her. Edelman has added a new introduction and new letters, tailoring this important book to a new generation.

The AfterGrief-Hope Edelman 2020 A validating new approach to the long-term grieving process that explains why we feel "stuck," why that's normal, and how shifting our perception of grief can help us grow--from the New York Times bestselling author of Motherless Daughters "This is perhaps one of the most important books about grief ever written. It finally dispels the myth that
we are all supposed to get over the death of a loved one."--Claire Bidwell Smith, author of Anxiety: The Missing Stage of Grief Aren't you over it yet? Anyone who has experienced a major loss in their past knows this question. We've spent years fielding versions of it, both explicit and implied, from family, colleagues, acquaintances, and friends. We recognize the subtle cues--the slight eyebrow lift, the soft, startled "Oh! That long ago?"--from those who wonder how an event so far in the past can still occupy so much precious mental and emotional real estate. Because of the common but false assumption that grief should be time-limited, too many of us believe we're grieving "wrong" when sadness suddenly resurges sometimes months or even years after a loss. The AfterGrief explains that the death of a loved one isn't something most of us get over, get past, put down, or move beyond. Grief is not an emotion to pass through on the way to "feeling better." Instead, grief is in constant motion; it is tidal, easily and often reactivated by memories and sensory events, and is re-triggered as we experience life transitions, anniversaries, and other losses. Whether we want it to or not, grief gets folded into our developing identities, where it informs our thoughts, hopes, expectations, behaviors, and fears, and we inevitably carry it forward into everything that follows. Drawing on her own encounters with the ripple effects of early loss, as well as on interviews with dozens of researchers, therapists, and regular people who've been bereaved, New York Times bestselling author Hope Edelman offers profound advice for reassessing loss and adjusting the stories we tell ourselves about its impact on our identities. With guidance for reframing a story of loss, finding equilibrium within it, and even experiencing renewed growth and purpose in its wake, she demonstrates that though grief is a lifelong process, it doesn't have to be a lifelong struggle.

The Possibility of Everything-Hope Edelman
2010-08-31 Look for the discussion guide inside

In the autumn of 2000, Hope Edelman was a
woman adrift, questioning her marriage, her profession, and her place in the larger world. Feeling vulnerable and isolated, she was primed for change. The Possibility of Everything is the story of the change that found her. A chronicle of her extraordinary leap of faith, it begins when her three-year-old daughter, Maya, starts exhibiting unusual and disruptive behavior. Confused and worried, Edelman and her husband make an unorthodox decision: They take Maya to Belize, suspending disbelief and chasing the promise of an alternative cure. This deeply affecting, beautifully written memoir of a family’s emotional journey and a mother’s intense love explores what Edelman and her husband went looking for in the jungle and what they ultimately discovered—as parents, as spouses, and as ordinary people—about the things that possess and destroy, or that can heal us all.

**Motherloss**-Lynn Davidman 2002-04-09 Based on interviews with sixty diverse adults, a groundbreaking exploration of the long-term effects of losing a mother offers revealing insights into our society's idea about women's roles, discussing how people find ways to cope and continue after their loss.

**The Dead Moms Club**-Kate Spencer 2017-11-21 Kate Spencer lost her mom to cancer when she was 27. In The Dead Moms Club, she walks readers through her experience of stumbling through grief and loss, and helps them to get through it, too. This isn't a weepy, sentimental story, but rather a frank, up-front look at what it means to go through gruesome grief and come out on the other side. An empathetic read, The Dead Moms Club covers how losing her mother changed nearly everything in her life: both men and women readers who have lost parents or experienced grief of this magnitude will be comforted and consoled. Spencer even concludes each chapter with a cheeky but useful tip for readers (like the "It's None of Your Business Card" to copy and hand out to nosy strangers asking about your passed loved one).
What to Do When I'm Gone-Suzy Hopkins 2018-04-03 A mother's advice to her daughter--a guide to daily living, both practical and sublime--with full-color illustrations throughout. One sleepless night while she was in her early twenties, illustrator/writer Hallie Bateman had a painful realization: her mom would die, and after she died she would be gone. The prospect was devastating, and also scary--how would she navigate the world without the person who gave her life? She thought about all the motherly advice she would miss--advice that could help her through the challenges to come, including the ordeal of losing a parent. The next day, Hallie asked her mother, writer Suzy Hopkins, to record step-by-step instructions for her to follow in the event of her mom's death. The list began: "Pour yourself a stiff glass of whiskey and make some fajitas" and continued from there, walking Hallie through the days, months, and years of life after loss, with motherly guidance and support, addressing issues great and small--from choosing a life partner to baking a quiche. The project became a way for mother and daughter to connect with humor, openness, and gratitude. It led to this book. Combining Suzy's wit and heartfelt advice with Hallie's quirky and colorful style, What to Do When I'm Gone is the illustrated instruction manual for getting through life without one's mom. It's also a poignant look at loss, love, and taking things one moment at a time. By turns whimsical, funny, touching, and above all pragmatic, it will leave readers laughing and teary-eyed. And it will spur conversations that enrich family members' understanding of one another.

Things I Wish I Knew Before My Mom Died-Ty Alexander 2017-08-27 Coping With Loss The grieving process: Ty Alexander of Gorgeous in Grey is one of the top bloggers today. She has a tremendous personal connection with her readers. This is never more apparent than when she speaks about her mother. The pain of loss is universal. Yet, we all grieve differently. For
Alexander, the grieving process is one that she lives with day-to-day. Learning from her pain, Alexander connects with her readers on a deeply emotional level in her debut book, Things I Wish I Knew before My Mom Died: Coping with Loss Every Day. From grief counseling to sharing insightful true stories, Alexander offers comfort, reassurance, and hope in the face of sorrow.

Coping with loss: In her early 20’s reality smacked Ty in the face. She was ill equipped to deal with the emotional and intellectual rollercoaster of dealing with her mom’s illness. Through her own trial and error, she found a way to be a caregiver, patient advocate, researcher, and a grieving daughter. She wrote Things I Wish I Knew before My Mom Died: Coping with Loss Every Day to help others find the “best” way to cope and move on, however one personally decides what that means.

Mourning and remembrance: In the chapters of this soul-touching book, mourners will find meaning and wisdom in grieving and the love that will always remain. Each chapter is a study and lesson in coping with loss: • Chapter 1: We’ve been duped, everyone dies! • Chapter 2: The truth about my moderately dysfunctional family • Chapter 3: The Art Of Losing • Chapter 4: The how of grieving • Chapter 5: How to be obsessively grateful • Chapter 6: Dear Mama

When All That's Left of Me Is Love—Linda Campanella 2011-08 When All That's Left of Me Is Love is an intensely personal story about one family's determination to enjoy life while anticipating death. Linda Campanella's emotional account of her last year with her mother, Nancy Sachsse, wrote itself on the pages of her mind as she lay awake unable to sleep in the days and weeks following Nan's death one year and one day after a diagnosis of terminal cancer. It is a heartwarming memoir filled with insights and inspirations that will help anyone jolted into confronting the inevitability and sudden imminence of death. Join the author as she reconstructs and relives a year of living while dying and, in the process, comes to terms with the pain and permanence of her loss. When All
That's Left of Me Is Love is indeed a sad story born of death, but it is above all an uplifting portrait of living, loving, believing, and letting go. It is a celebration of the special bond between mothers and daughters, a touching love story, a spiritual journey, a poetry lesson, and even a case for happy hour. This story of a daughter's undying love for her dying mother will move and inspire not only those who face or fear death but also those who love and embrace life.

'This book is truly a testament of love, as the title suggests. It is about love refined and deepened by grief and gratitude. It is a tribute to a mother who loved with her last breath and beyond. It is the story of a daughter who gives herself away through the gift of her pen.' -Sharon G. Thornton, Ph.D., Professor of Pastoral Theology at Andover Newton Theological School

Motherless Brooklyn-Jonathan Lethem 2011-04-20 A compulsively readable riff on the classic detective novel from America's most inventive novelist Winner of the National Book Critics Circle Award and a New York Times Notable Book "Utterly original and deeply moving." —Esquire Brooklyn's very own self-appointed Human Freakshow, Lionel Essrog is an orphan whose Tourettic impulses drive him to bark, count, and rip apart our language in startling and original ways. Together with three veterans of the St. Vincent's Home for Boys, he works for small-time mobster Frank Minna's limo service cum detective agency. Life without Frank Minna, the charismatic King of Brooklyn, would be unimaginable, so who cares if the tasks he sets them are, well, not exactly legal. But when Frank is fatally stabbed, one of Lionel's colleagues lands in jail, the other two vie for his position, and the victim's widow skips town. Lionel's world is suddenly topsy-turvy, and this outcast who has trouble even conversing

My Mama's Waltz-Eleanor Agnew 1999-03 Emotional support for those wishing to overcome an alcoholic mother's destructive influences and create a happy, fulfilled life.
attempts to untangle the threads of the case while trying to keep the words straight in his head. Motherless Brooklyn is a brilliantly original, captivating homage to the classic detective novel by one of the most acclaimed writers of his generation.

A Mother Loss Workbook-Diane Hambrook 1997-10-07 To tell you how to use this workbook would be like giving you instructions on how to grieve. Impossible. The only thing we know for sure is that no two people will approach this work in the same way. If there's one thing you should remember as you begin this process, it is this: You are not alone. With that knowledge, you've already begun to heal. --from A Mother Loss Workbook Inspired by Hope Edelman's bestselling Motherless Daughters, authors Diane Hambrook and Gail Eisenberg have created a sensitive, accessible workbook for women suffering the wounds of early mother loss. A Mother Loss Workbook is designed to help the motherless daughter tell the story she needs to tell--her story. Its varied exercises, open-ended questions, writing topics, and activities, drawn from Hambrook's years of work with motherless daughters, provide both careful direction and generous room for self-expression. This book is a safe place where no one will judge a woman, where the work she must do can be done in her own time, at her own pace, and at any stage of mourning. A Mother Loss Workbook is an ideal supplement for personal therapy and support groups, but it is an important--and perhaps the only--tool for women just starting their journey or who are hesitant to go public with their feelings. Whether a woman uses it privately or shares it with a group, no matter how long its been since her mother died, A Mother Loss Workbook will guide her toward fully understanding her loss and taking charge of her future.

More Than Love-Natasha Gregson Wagner 2020-05-05 The heartbreaking, never-before-told story of Hollywood icon Natalie Wood’s glamorous life, sudden death, and lasting legacy,
written by her daughter, Natasha Gregson Wagner. More Than Love is a memoir of loss, grief, and coming-of-age by a daughter of Hollywood royalty. Natasha Gregson Wagner’s mother, Natalie Wood, was a child actress who became a legendary movie star, the dark-haired beauty of Splendor in the Grass, Rebel Without a Cause, and West Side Story. She and Natasha’s stepfather, the actor Robert Wagner, were a Hollywood it-couple twice over, first in the 1950s, and then again when they remarried in the 70s. But Natalie’s sudden death by drowning off Catalina Island at the age of forty-three devastated her family, made her stepfather a person of interest, and turned a vibrant wife, mother, and actress into a tragic figure. The events of that weekend have long been a mystery, and despite the rumors, scandalous media coverage, and accusations of wrongdoing, there has never been an account of how the tragedy was experienced by her daughter. For the first time Natasha addresses the questions surrounding that night to clear her beloved stepfather’s name. More Than Love begins on the morning after her mother’s death in November 1981 when eleven-year-old Natasha hears the news on the radio that her mother’s body has been found off the coast of Catalina after her parents had spent the weekend on the family boat, The Splendour. From this profound and shattering loss, Natasha shares her memories of her earliest bonds with her mother; her warm, loving, and slightly chaotic childhood as the daughter of two stars; the lost and confused years of her adolescence; and her halting attempts to move forward as a young woman. Beautifully told, More Than Love is an emotionally powerful tale of a daughter coming to terms with her grief, as well as a riveting portrait of a famous mother and a vanished Hollywood.

Mother Winter - Sophia Shalmiyev 2020-02-11
An arresting memoir equal parts refugee-coming-of-age story, feminist manifesto, and meditation on motherhood, displacement, gender politics, and art that follows award-winning writer Sophia Shalmiyev’s flight from the Soviet Union, where she was forced to abandon her estranged mother, and her subsequent quest to find her. Russian sentences begin backward, Sophia Shalmiyev tells us on the first page of her striking lyrical memoir. To understand the end of her story, we must go back to the beginning. Born to a Russian mother and an Azerbaijani father, Shalmiyev was raised in the stark oppressiveness of 1980s Leningrad (now St. Petersburg), where anti-Semitism and an imbalance of power were omnipresent in her home. At just eleven years old, Shalmiyev’s father stole her away to America, forever abandoning her estranged alcoholic mother, Elena. Motherless on a tumultuous voyage to the states, terrified in a strange new land, Shalmiyev depicts in urgent, poetic vignettes her emotional journeys through an uncharted world as an immigrant, artist, and, eventually, as a mother of two. As an adult, Shalmiyev voyages back to Russia to search endlessly for the mother she never knew—in her pursuit, we witness an arresting, impassioned meditation on art-making, gender politics, displacement, and most potently, motherhood.

**Motherless Mothers**

-Hope Edelman 2012-04-01

Hope Edelman’s bestselling MOTHERLESS DAUGHTERS drew on her own experience of losing her mother at seventeen. Now a mother herself, in MOTHERLESS MOTHERS she considers how her mother’s absence has shaped her seven years of parenting. Through interviews, anecdotes and psychological research, Edelman discusses the challenge of mothering in the shadow of loss, which often triggers a resurgence of childhood grief and confusion. But this is less a book on mourning than a supportive guide for mothers who may
feel overwhelmed and alone, bereft of their own mother’s presence, advice and support. The book covers general child-rearing topics for each age group but with a focus specific to the readership such as the void of the absent grandmother; the urge to overcompensate; and the perpetual impulse to protect one’s family from the spectre of loss. Edelman’s voice, suffused with fierce maternal love, joins candid recollections from motherless mothers of all ages and backgrounds. She presents emotionally charged concepts in clear, memorable terms to encourage frank, cathartic discussion. THE NEW YORK TIMES described her previous book as a ‘A moving and valuable treatment of a neglected subject, jolting us into awareness of the profound problems mother loss leaves in its wake.’

Healing After the Loss of Your Mother - Elaine Mallon 2018-12-19 Elaine Mallon is not an expert on grief. She’s someone who lost her mother suddenly and unexpectedly. She knows the magnitude of this heartbreak firsthand. Devastated and unprepared for how life-changing and painful processing the loss would be, she found herself wondering: "Where's the manual?" and "How do I do this?" Like a compassionate friend, Mallon captures the raw, universal pain of losing your mother with empathy, honesty and eloquence. She tenderly walks the reader through each step of the grieving process, offering straightforward answers to many common questions and addressing fears faced by those grieving, as well. This is a must-read, essential guidebook for anyone uncertain about what to do or where to turn after their mother's loss. For those hoping to help a loved one through grief, this book also offers direction on how to comfort someone who is grieving by explaining what they are going through and how to be most helpful to them. If you've lost your mother, please know this: If you're grieving, you're healing - and you are not alone.

Surprised by Motherhood - Lisa-Jo Baker 2014-04-01 A lawyer with a well-stamped
passport and a passion for human rights, Lisa-Jo Baker never wanted to be a mom. And then she had kids. Having lost her own mother to cancer as a teenager, Lisa-Jo felt lost on her journey to womanhood and wholly unprepared to raise children. Surprised by Motherhood is Lisa-Jo’s story of becoming and being a mom, and in the process, discovering that all the what to expect and how to books in the world can never truly prepare you for the sheer exhilaration, joy, and terrifying love that accompanies motherhood. Set partly in South Africa and partly in the US (with a slight detour to Ukraine along the way), Surprised by Motherhood is a poignant memoir of one woman’s dawning realization that being a mom isn’t about being perfect it’s about being present.

A Father's Legacy to His Daughters - John Gregory 1803

Sing Them Home - Stephanie Kallos 2009-09-08

One of Entertainment Weekly’s Ten Best Books of the Year: “A magical novel that even cynics will close with a smile” (People). Everyone in Emlyn Springs, Nebraska, knows the story of Hope Jones, who was lost in the tornado of 1978. Her three young children found some stability in their father, a preoccupied doctor, and in their mother’s spitfire best friend—but nothing could make up for the loss of Hope. Larken, the eldest, is now an art history professor who seeks in food an answer to a less tangible hunger. Gaelan, the son, is a telegenic weatherman who devotes his life to predicting the unpredictable. And the youngest, Bonnie, is a self-proclaimed archivist who combs roadsides for clues to her mother’s legacy, and permission to move on. When they’re summoned home after their father’s sudden death, each sibling is forced to revisit the childhood event that has defined their lives. With lyricism, wisdom, and humor, this novel by the national bestselling author of Broken for You explores the consequences of protecting those we love. Sing Them Home is a magnificent tapestry of lives connected and undone by

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motherless-daughters-the-legacy-of-loss-hope-edelman
tragedy, lives poised—unbeknownst to the characters—for redemption. “Comparisons to John Irving and Tennessee Williams would not be amiss in this show-stopping debut.”


“Fans of Ann Patchett and Haven Kimmel should dive onto the sofa one wintry weekend with Stephanie Kallos’ wonderfully transportive second novel.” —Entertainment Weekly

Fairyland: A Memoir of My Father - Alysia Abbott 2013-06-03 A beautiful, vibrant memoir about growing up motherless in 1970s and '80s San Francisco with an openly gay father. After his wife dies in a car accident, bisexual writer and activist Steve Abbott moves with his two-year-old daughter to San Francisco. There they discover a city in the midst of revolution, bustling with gay men in search of liberation—few of whom are raising a child. Steve throws himself into San Francisco’s vibrant cultural scene. He takes Alysia to raucous parties, pushes her in front of the microphone at poetry readings, and introduces her to a world of artists, thinkers, and writers. But the pair live like nomads, moving from apartment to apartment, with a revolving cast of roommates and little structure. As a child Alysia views her father as a loving playmate who can transform the ordinary into magic, but as she gets older Alysia wants more than anything to fit in. The world, she learns, is hostile to difference. In Alysia’s teens, Steve’s friends—several of whom she has befriended—fall ill as AIDS starts its rampage through their community. While Alysia is studying in New York and then in France, her father tells her it’s time to come home; he’s sick with AIDS. Alysia must choose whether to take on the responsibility of caring for her father or continue the independent life she has worked so hard to create. Reconstructing their life together from a remarkable cache of her father’s journals, letters, and writings, Alysia Abbott gives us an unforgettable portrait of a tumultuous, historic time in San Francisco as well as an exquisitely moving account of a
father’s legacy and a daughter’s love.

**When Mom Dies**-Dackeyia Q. Sterling  
2014-09-05 When Mom Dies: A Daughter's Unique Guide to Help Heal Grieving Hearts  
Today is a powerful and compassionate book filled with practical advice and encouragement for any and everyone who has lost their Mother. From the experience of dealing with day one of Mom's death to breaking through extreme grief and sorrow when your Mother is your best friend, the author has penned a valuable, quick-read book that shares useful tips and offers valuable wisdom for coping with the loss of a Mother.WHEN MOM DIES INCLUDES  
CHAPTERS ON:** What To Do When Mom Dies??* 12 Simple Things You Can Do Right Now to Feel Better?* 31 Ideas to Encourage Your Healing Heart?* Helpful Resources to Consider?* The #1 Way You Can Honor Your Mother's Life & Legacy"WHEN MOM DIES delivers love, strength and compassion for our hearts -- for years to come." - FROM THE PREFACE

**Bending Toward the Sun**-Leslie Gilbert-Lurie  
2010-09-07 "A memoir that takes us through many worlds, through heartache and noble hopes, through the mysteries of family love. . . . Read Bending Toward the Sun and enrich your life."—Rabbi David Wolpe, author of Why Faith Matters A miraculous lesson in courage and recovery, Bending Toward the Sun tells the story of a unique family bond forged in the wake of brutal terror. Rita Lurie was five years old when she was forced to flee her home in Poland to hide from the Nazis in a cramped, dark attic with fourteen members of her family. Young Rita watched her younger brother and her mother die before her eyes. But the tragedy of the Holocaust was only the beginning of Rita's story. Decades later, Rita's daughter Leslie began probing the traumatic events of her mother's childhood to discover how Rita's pain has affected not only Leslie's life and outlook but that of her own daughter, Mikaela, as well. The result is Bending Toward the Sun, a collaboration between mother
and daughter that brings together the stories of three generations of a family to understand the legacy that unites, inspires, and haunts them all. Leslie Gilbert Lurie has served as president of the Los Angeles County Board of Education. Formerly an executive at NBC, where she worked on such hit shows as Cheers, Family Ties, Saved by the Bell, and The Fresh Prince of Bel Air, Gilbert-Lurie lives in Los Angeles with her husband and two children.

**The Fatherless Daughter Project** - Denna Babul RN 2016-06-07 “This groundbreaking work will give voice to an enormous population of women who are struggling to understand themselves in the face of their fathers’ absence.” — Claire Bidwell Smith, author of The Rules of Inheritance and After This When Motherless Daughters was published 20 years ago, it unleashed a tsunami of healing awareness. When Denna Babul and Karin Smithson couldn't find the equivalent book for fatherlessness, The Fatherless Daughter Project was born. The book will set fatherless women on the path to growth and fulfillment by helping them to understand how their loss has impacted their lives. A father is supposed to provide a sense of security and stability. Losing a father comes with particular costs that vary depending on the way he left and how old a girl was when she lost him. Drawing on interviews with over 5000 women who became fatherless due to death, divorce, neglect, and outright abandonment, the authors have found that fatherless daughters tend to push their emotions underground. These issues in turn become distinct patterns in their relationships as adult women and they often can't figure out why. Delivered with compassion and expertise, this book allows readers support and understanding they never had when they first needed it, and it encourages the conversation to continue.

**Motherless Child** - Paul Scott 2015-03-12 From the Yardbirds to Cream, Blind Faith to Derek and the Dominos, and a hugely-successful solo career, Eric Clapton's fifty years in the music
business can look like an uninterrupted rise to become one of the greatest guitar players who ever lived. But his story is as complicated as it is fascinating. Clapton’s god-like skill with a guitar was matched by an almost equal talent for self-destruction. He has never shied away from telling the truth about his battles with drink and drugs - or the sometimes catastrophic impact they had on the other people in his life, including his first wife Pattie Boyd. And without those deep personal lows we may never have had the musical highs that won him millions of fans. His story is also one of a long but successful road to sobriety, redemption and happiness. Motherless Child chronicles Clapton's remarkable journey: the music, the women, the drugs, the cars, the guitars, the heartbreak and the triumphs are all here. The book includes interviews with some people close to Clapton who have never spoken on the record before. It explores his musical legacy as one of the most influential musicians of his generation, and as the keeper of the flame for the blues.

**The Other Side of Complicated Grief** - Rhonda O'Neill R N 2016-08-15 Finally, real help for grievers from a medical professional who has been there. One out of every ten grievers gets stuck in complicated grief. If you have complicated grief, you remain mired in the early, acute stages of grief indefinitely. CG affects your ability to move through grief in a healthy way and hinders your ability to function in everyday life. A Registered Nurse, Rhonda O'Neill was diagnosed with complicated grief after her husband and son died within two years of each other. She shares her struggle with CG for those years and shares how she found her way back to healthy grief and was finally able to live her life with some happiness again. It is not easy to understand the symptoms and implications of complicated grief. Here, the author uses her medical background to translate some confusing information on complicated grief into clear terms for the non-medical griever. The first section of the book is a memoir of the author's blessings and losses. She describes her loving, blended
family, her descent into the fog after her husband's death, the issues she faced as the single mother of a dying son, and the love and regrets that assail a grieving mother. In section two, you will find easy-to-understand information to help you determine whether you are suffering with CG. And since the Western view on death seeks to make dying and grieving invisible, you will find real help about what you can expect and how you can care for yourself in your often lonely struggle. Finally, since grieving can awaken a yearning to understand the meaning of life and death, you will need some kind of spiritual path to help you cope, whether traditional or nontraditional. You will find ideas about how to begin the search for the answers you need.

**How to Survive the Loss of a Parent**-Lois F. Akner 1994-11-29 Many people who usually function well are thrown for a loop when a parent dies. They're surprised at the complex feelings of love, loss, anger, and guilt, and at the unresolved issues that emerge. Therapist Lois Akner explains why the loss of a parent is different from other losses and, using examples from her experience, shows how it is possible to work through the grief. Anyone who is going through or trying to prepare for this natural, normal, inevitable loss will find How to Survive the Loss of a Parent a powerful, healing message.

**The Hot Young Widows Club**-Nora McInerny 2019-04-30 From the host of the popular podcast, Terrible, Thanks for Asking, comes a wise, humorous roadmap and caring resource for anyone going through the loss of a loved one—or even a difficult life moment. In the span of a few weeks, thirty-something Nora McInerny had a miscarriage, lost her father to cancer, and lost her husband due to a brain tumor. Her life fell apart. What Nora discovered during this dark time is that, when you’re in these hard moments, it can feel impossible to feel like even a shadow of the person you once were. People will give you all sorts of advice of how to hold onto your sanity and sense of self. But how exactly? How do you
find that person again? Welcome to The Hot Young Widows Club, Nora’s response to the toughest questions about life’s biggest struggles. The Hot Young Widows Club isn’t just for people who have lost a spouse, but an essential tool for anyone who has gone through a major life struggle. Based on her own experiences and those of the listeners dedicated to her podcast, Terrible, Thanks for Asking, Nora offers wise, heartfelt, and often humorous advice to anyone navigating a painful period in their lives. Full of practical guidance, Nora also reminds us that it’s still okay to laugh, despite your deep grief. She explores how readers can educate the people around them on what to do, what to say, and how to best to lend their support. Ultimately, this book is a space for people to recognize that they aren’t alone, and to learn how to get through life’s hardest moments with grace and humor, and even hope.

The Moonshiner’s Daughter - Donna Everhart
2019-12-31 If you fell in love with 1960s North Carolina when reading Where the Crawdads Sing by Delia Owens, Donna Everhart’s The Moonshiner’s Daughter will transport you right back. Everhart’s sensitive and expert storytelling will capture you in this Southern coming-of-age novel! Set in North Carolina in 1960 and brimming with authenticity and grit, The Moonshiner’s Daughter evokes the singular life of sixteen-year-old Jessie Sasser, a young woman determined to escape her family’s past . . . Generations of Sassers have made moonshine in the Brushy Mountains of Wilkes County, North Carolina. Their history is recorded in a leather-bound journal that belongs to Jessie Sasser’s daddy, but Jessie wants no part of it. As far as she’s concerned, moonshine caused her mother’s death a dozen years ago. Her father refuses to speak about her mama, or about the day she died. But Jessie has a gnawing hunger for the truth—one that compels her to seek comfort in food. Yet all her self-destructive behavior seems to do is feed what her school’s gruff but compassionate nurse describes as the “monster” inside Jessie. Resenting her father’s insistence
that moonshining runs in her veins, Jessie makes a plan to destroy the stills, using their neighbors as scapegoats. Instead, her scheme escalates an old rivalry and reveals long-held grudges. As she endeavors to right wrongs old and new, Jessie’s loyalties will bring her to unexpected revelations about her family, her strengths—and a legacy that may provide her with the answers she has been longing for.

Romantic Outlaws—Charlotte Gordon
2016-02-02 NATIONAL BOOK CRITICS CIRCLE AWARD WINNER • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE SEATTLE TIMES
This groundbreaking dual biography brings to life a pioneering English feminist and the daughter she never knew. Mary Wollstonecraft and Mary Shelley have each been the subject of numerous biographies, yet no one has ever examined their lives in one book—until now. In Romantic Outlaws, Charlotte Gordon reunites the trailblazing author who wrote A Vindication of the Rights of Woman and the Romantic visionary who gave the world Frankenstein—two courageous women who should have shared their lives, but instead shared a powerful literary and feminist legacy. In 1797, less than two weeks after giving birth to her second daughter, Mary Wollstonecraft died, and a remarkable life spent pushing against the boundaries of society’s expectations for women came to an end. But another was just beginning. Wollstonecraft’s daughter Mary was to follow a similarly audacious path. Both women had passionate relationships with several men, bore children out of wedlock, and chose to live in exile outside their native country. Each in her own time fought against the injustices women faced and wrote books that changed literary history. The private lives of both Marys were nothing less than the stuff of great Romantic drama, providing fabulous material for Charlotte Gordon, an accomplished historian and a gifted storyteller. Taking readers on a vivid journey across revolutionary France and Victorian England, she seamlessly interweaves the lives of her two protagonists in alternating chapters, creating a
book that reads like a richly textured historical novel. Gordon also paints unforgettable portraits of the men in their lives, including the mercurial genius Percy Shelley, the unbridled libertine Lord Byron, and the brilliant radical William Godwin. “Brave, passionate, and visionary, they broke almost every rule there was to break,” Gordon writes of Wollstonecraft and Shelley. A truly revelatory biography, Romantic Outlaws reveals the defiant, creative lives of this daring mother-daughter pair who refused to be confined by the rigid conventions of their era. Praise for Romantic Outlaws “[An] impassioned dual biography . . . Gordon, alternating between the two chapter by chapter, binds their lives into a fascinating whole. She shows, in vivid detail, how mother influenced daughter, and how the daughter’s struggles mirrored the mother’s.”—The Boston Globe

**Grieving the Death of a Mother**-Harold Ivan Smith 2003 A thoughtful guide to getting through the loss of a mother.

**Eating Pomegranates**-Sarah Gabriel 2010-07-31 After a troubled upbringing that saw the early death of her mother from cancer, Sarah Gabriel had created a happy home life with her partner and two beautiful daughters. Then, at 44, she was diagnosed with breast cancer and learned that while you can turn your back on your past, you can't escape your genetic legacy. The problem was MI8T, a rare and deadly genetic mutation that was responsible for the death of her mother and countless female
ancestors. In Gabriel's struggle for survival, she takes us on a white-knuckle ride through contemporary genetics, the rigours of her treatment for cancer, and the impact of the disease on her family's dynamics. It is a fight not just for physical survival, but for identity, for sanity, for hope. Laced with black humour, written with a mixture of passion and clinical accuracy, Eating Pomegranates is an intensely powerful and moving memoir about mothers, daughters and breast cancer that is as beautiful as it is brutal.

**The Cherry Robbers** - Sarai Walker 2022-05-17
"Sarai Walker has done it again. With The Cherry Robbers she upends the Gothic ghost story with a fiery feminist zeal." — Maria Semple
The highly anticipated second novel from Sarai Walker, following her “slyly subversive” (EW) cult-hit Dietland—a feminist gothic about the lone survivor of a cursed family of sisters, whose time may finally be up.? IT SHOULD HAVE BEEN THE FIRST DAY OF THE REST OF THEIR LIVES.

INSTEAD IT WAS THE LAST. Iris Chapel and her five elegant sisters, all of them heiresses to the Chapel firearms fortune, live cloistered in a lavish Victorian mansion. Neglected by both a distant, workaholic father and a mentally troubled mother—who believes their home is haunted by the victims of Chapel weapons—the sisters have grown up with only each other for company. They long to escape the eerie fairy tale of their childhood and move forward into the modern world, but for young women in 1950s Connecticut, the only way out is through marriage. Yet it soon becomes clear that for the Chapel sisters, marriage equals death. When the eldest sister walks down the aisle, tragedy strikes. The bride dies mysteriously the very next day, leaving her family and the town in shock. But this is just the beginning of a chain of disasters that will make each woman wonder whether true love will kill her, too. Only Iris, the second-youngest, finds a way to escape—but can she outrun the family curse forever? Sarai Walker, the acclaimed author of the cult-hit novel Dietland, building off the Gothic tradition of
Shirley Jackson, brings to life this riveting, deliciously twisted feminist tale, a gorgeous and provocative page-turner about the legacy of male power and the cost of female freedom.

_Without My Mum_-Leigh; Horst Leigh Van Der Horst 2017-05-01 "When Leigh Van Der Horst lost her beloved mother to cancer in 2008, she faced her biggest battle yet. How would she cope without the wisdom and support of her role model? In Without My Mum, Leigh reveals how she overcame her devastating grief, and in the process rediscovered herself and her inner strength. As well as exploring her own experience, Van Der Horst brings together stories from many inspiring women around the world, including contributions from Jools Oliver, Lisa Wilkinson, Megan Gale, Amanda de Cadenet and Natalie Bassingthwaighte. At times heartbreaking but ultimately uplifting, Without My Mum offers advice, comfort and hope for anyone dealing with the loss of their mother."

_The Beautiful Struggle (Adapted for Young Adults)_-Ta-Nehisi Coates 2022-01-11 Adapted from the adult memoir by the #1 New York Times bestselling author of The Water Dancer and Between the World and Me, this father-son story explores how boys become men, and quite specifically, how Ta-Nehisi Coates became Ta-Nehisi Coates. As a child, Ta-Nehisi Coates was seen by his father, Paul, as too sensitive and lacking focus. Paul Coates was a Vietnam vet who'd been part of the Black Panthers and was dedicated to reading and publishing the history of African civilization. When it came to his sons, he was committed to raising proud Black men equipped to deal with a racist society, during a turbulent period in the collapsing city of Baltimore where they lived. Coates details with candor the challenges of dealing with his tough-love father, the influence of his mother, and the dynamics of his extended family, including his brother "Big Bill," who was on a very different path than Ta-Nehisi. Coates also tells of his family struggles at school and with girls, making
this a timely story to which many readers will relate.

America's First Daughter-Stephanie Dray
2016-03-01 THE NEW YORK TIMES
BESTSELLER In a compelling, richly researched novel that draws from thousands of letters and original sources, bestselling authors Stephanie Dray and Laura Kamoie tell the fascinating, untold story of Thomas Jefferson’s eldest daughter, Martha “Patsy” Jefferson Randolph—a woman who kept the secrets of our most enigmatic founding father and shaped an American legacy. From her earliest days, Patsy Jefferson knows that though her father loves his family dearly, his devotion to his country runs deeper still. As Thomas Jefferson’s oldest daughter, she becomes his helpmate, protector, and constant companion in the wake of her mother’s death, traveling with him when he becomes American minister to France. It is in Paris, at the glittering court and among the first tumultuous days of revolution, that fifteen-year-old Patsy learns about her father’s troubling liaison with Sally Hemings, a slave girl her own age. Meanwhile, Patsy has fallen in love—with her father’s protégé William Short, a staunch abolitionist and ambitious diplomat. Torn between love, principles, and the bonds of family, Patsy questions whether she can choose a life as William’s wife and still be a devoted daughter. Her choice will follow her in the years to come, to Virginia farmland, Monticello, and even the White House. And as scandal, tragedy, and poverty threaten her family, Patsy must decide how much she will sacrifice to protect her father's reputation, in the process defining not just his political legacy, but that of the nation he founded.

The Bitch in the House-Cathi Hanauer
2013-04-30 Virginia Woolf introduced us to the “Angel in the House”, now prepare to meet... The Bitch In the House. This e-book includes an exclusive excerpt from The Bitch is Back: Older, Wiser, and Getting Happier, a second collection
of essays from nine of the contributors featured in The Bitch in the House and from sixteen captivating new voices. Women today have more choices than at any time in history, yet many smart, ambitious, contemporary women are finding themselves angry, dissatisfied, stressed out. Why are they dissatisfied? And what do they really want? These questions form the premise of this passionate, provocative, funny, searingly honest collection of original essays in which twenty-six women writers—ranging in age from twenty-four to sixty-five, single and childless or married with children or four times divorced—invite readers into their lives, minds, and bedrooms to talk about the choices they’ve made, what’s working, and what’s not. With wit and humor, in prose as poetic and powerful as it is blunt and dead-on, these intriguing women offer details of their lives that they’ve never publicly revealed before, candidly sounding off on: • The difficult decisions and compromises of living with lovers, marrying, staying single and having children • The perpetual tug of war between love and work, family and career • The struggle to simultaneously care for ailing parents and a young family • The myth of co-parenting • Dealing with helpless mates and needy toddlers • The constrictions of traditional women’s roles as well as the cliches of feminism • Anger at laid-back live-in lovers content to live off a hardworking woman’s checkbook • Anger at being criticized for one’s weight • Anger directed at their mothers, right and wrong • And—well—more anger... “This book was born out of anger,” begins Cathi Hanauer, but the end result is an intimate sharing of experience that will move, amuse, and enlighten. The Bitch in the House is a perfect companion for your students as they plot a course through the many voices of modern feminism. This is the sound of the collective voice of successful women today—in all their anger, grace, and glory. From The Bitch In the House: “I believed myself to be a feminist, and I vowed never to fall into the same trap of domestic boredom and servitude that I saw my mother as being fully entrenched in; never to settle for a life that was, as I saw it, lacking independence, authority, and respect.” —E.S.
Maduro, page 5 “Here are a few things people have said about me at the office: ‘You’re unflappable.’ ‘Are you ever in a bad mood?’ Here are things people—okay, the members of my family—have said about me at home: ‘Mommy is always grumpy.’ ‘Why are you so tense?’ ‘You’re too mean to live in this house and I want you to go back to work for the rest of your life!’”
—Kristin van Ogtrop, page 161

I didn’t want to be a bad mother I wanted to be my mother-safe, protective, rational, calm—without giving up all my anger, because my anger fueled me.” —Elissa Schappell, page 195